

How to measure and choose the right size

- 1.** Print this page at 100% without margins
- 2.** Remove or bend the part behind the heel line. Lay the page guide on the floor, heel line against the wall.
- 3.** Stand on the paper and press your heel against the wall.
- 4.** The size scale shows the length of the inner insole. To choose the right size always add 0.5 to 1.2 cm before the longest part of your foot = longest toe.
This will give you plenty of room for your toes.
- 5.** Don't forget to measure both feet, their dimensions may differ. If you are between two sizes, we recommend that you choose the larger one. If you don't know how to choose the right one size, please contact us via:
www.realfoot.cz/en/contact

EU 47	311 mm
EU 46	304 mm
EU 45	297 mm
EU 44	290 mm
EU 43	283 mm
EU 42	276 mm
EU 41	269 mm
EU 40	262 mm
EU 39	255 mm
EU 38	248 mm
EU 37	241 mm
EU 36	234 mm
EU 35	227 mm
EU 34	220 mm
EU 33	213 mm

REALFOOT

Fold along the dotted line

Please attach your credit card here for verification, that the size guide is printed at 100% scale.