How to measure and choose the right size

1. Print this page at 100% without margins

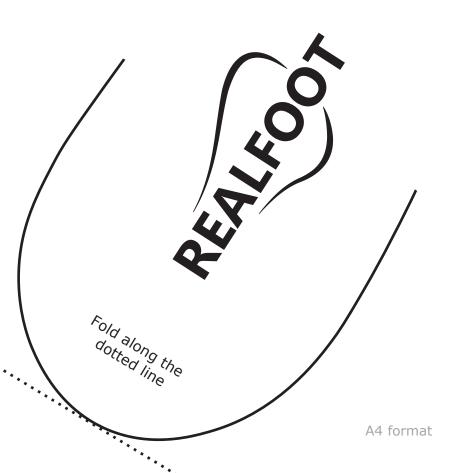
2. Remove or bend the part behind the heel line. Lay the page guide on the floor, heel line against the wall.

3 Stand on the paper and press your heel against the wall.

The size scale shows the length of the inner insole. To choose the right size always add 0.5 to 1.2 cm before the longest part of your foot = longest toe.

This will give you plenty of room for your toes.

Don't forget to measure both feet, their dimensions may differ. If you are between two sizes, we recommend that you choose the larger one. If you don't know how to choose the right one size, please contact us via: www.realfoot.cz/en/contact



Please attach your credit card here for verification, that the size guide is printed at 100% scale.